

BERESFORD HOUSE



ALLERGEN MENU

✓ = Dish contains that allergen, as part of the recipe

MC = Dish contains an ingredient which has a label stating "May contain" [that allergen]

CR = Risk of cross-contamination of that allergen, due to cooking method (for example, foods cooked on same plancha)

This version: 12 August 2026

	1. Celery	2. Cereal cont. gluten (wheat)	2. Cereal cont. gluten (rye)	2. Cereal cont. gluten (barley)	2. Cereal cont. gluten (oats)	2. Cereal cont. gluten (spelt)	2. Cereal cont. gluten (khorasan wheat)	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
Smaller plates...																			
House sourdough		✓				✓	✓											MC	✓
House sourdough (if served with butter)		✓				✓	✓					✓						MC	✓
Spicy olives										MC					MC				✓
Spicy corn															MC	MC	MC		
Jersey rock oysters - shallot vinegar													✓						✓
Jersey rock oysters - Kenney-Herbert	✓											✓	✓						✓
Jersey rock oysters - champagne butter												✓	✓						✓
Roast beetroot & pickled pear salad	MC	MC	MC	MC	MC	MC	MC					✓		✓	MC				✓
Wild mushroom arancini	✓	✓						CR	✓	CR		✓	CR					MC	✓
Grilled gambas	✓	✓				✓	✓	✓		✓		✓							✓
Scottish smoked salmon	MC	✓		✓	✓				✓	✓		✓		✓				MC	✓
Hummus																	✓		✓
Chicken & duck liver parfait		✓				✓	✓		✓			✓		✓				MC	✓
Crottin goat's cheese										MC		✓		✓	MC				✓
Jersey crab		✓				✓	✓	✓						✓			✓	MC	✓
Prawn cocktail	✓							✓	✓					✓				MC	✓
Crispy crumbed cod bites (starter)		✓						CR	✓	✓		CR	CR	✓				MC	
Hand-dived Jersey scallops (starter)								CR		CR		✓	✓						✓
Roast-pepper fettuccelle (starter)		✓							MC			✓		MC				MC	
Fettuccelle carbonara (starter)		✓							✓			✓		MC				MC	
Beef tartare (starter)	✓	✓		✓		✓	✓		✓	✓				✓				✓	✓
Korean chicken wings												✓					✓	✓	✓
Larger plates...																			
Grilled gambas (main)	✓	✓				✓	✓	✓		✓		✓							✓
Crispy crumbed cod bites (main)	✓	✓						CR	✓	✓		✓	CR	✓					
Hand-dived Jersey scallops (main)								CR		CR		✓	✓						✓
Roast-pepper fettuccelle (main)		✓							MC			✓		MC				MC	
Fettuccelle carbonara (main)		✓							✓			✓		MC				MC	
Beef tartare (main)	✓	✓		✓		✓	✓		✓	✓				✓				✓	✓
Salmon fillet	✓							CR		✓		✓	CR	MC					✓
Lemon sole	✓	✓						CR	✓	✓		✓	CR	✓				MC	✓
Chicken Caesar schnitzel (no fried egg)		✓		✓				CR	✓	✓		✓	CR	✓				MC	✓
Chicken Caesar schnitzel (with fried egg)		✓		✓				CR	✓	✓		✓	CR	✓				MC	✓
Flat iron steak									✓			✓							✓
Navarin of lamb	✓													MC					✓
Grilled chicken	✓											✓							✓
House Goan king prawn curry	MC							✓		CR			CR	MC					✓
Omelette aux fines herbes									✓			✓							✓
Omelette aux fines herbes (with cheese)									✓			✓							✓
Cheeseburger	✓	✓				✓	✓		✓			✓		✓			MC	MC	

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Chef's salad	✓	✓								MC				✓	MC	MC		MC	✓
House Goan tofu curry	MC													MC				✓	✓
House Goan chicken curry	MC													MC					✓
Sirloin of beef																			
Fillet of beef																			
Beef tomahawk																			
Brown butter & tarragon hollandaise									✓			✓							✓
Pepper sauce	✓											✓							✓
Red wine gravy	✓																		✓
Salsa verde														✓					✓
Grilled fish								CR	✓	✓		✓	CR						✓
Sides...																			
House chips																			
Truffle-chip poutine									✓			✓							✓
Buttered Jazzy potatoes												✓							
Jersey Royals												✓							
Jersey-butter mash												✓							
Jersey-butter carrots												✓							
Peas, bacon, & onions												✓							
Green beans & Tenderstem broccoli												✓							
Lettuce & fennel salad														✓					✓
Children's...																			
Beresford House pasta room spaghetti		✓							✓			✓		MC				MC	
Bangers 'n' mash	✓	✓		✓			✓					✓							✓
Grilled chicken	✓																		✓
Grilled fish of the day								CR		✓			CR						✓
Battered fish of the day								CR	✓	✓			CR						✓
Grilled sirloin steak	✓																		✓
Puddings...																			
Banana sticky toffee pudding									✓			✓							
Fresh fruit																			
Tiramisu parfait		✓							✓			✓						✓	✓
Baked Alaska coupe		✓							✓			✓							✓
Orange crème brûlée		MC	MC	MC	MC	MC	MC		✓			✓			MC	MC		MC	✓
Cheese selection		✓	✓									✓							
Café Gourmand		✓							✓			✓						MC	
Ice creams												✓							✓
Sorbets																			
White chocolate and cherry biscotti		✓	MC	MC	MC	MC	MC		✓			✓			MC	MC	MC		